

SUMMER MIRACLE

30-31 May 2026

14th open championship in rhythmic gymnastics
organized by "Pro Sport"



Azerbaijan, Baku



**14TH INTERNATIONAL CHAMPIONSHIPS
IN RHYTHMIC GYMNASTICS ORGANIZED
BY "PRO SPORT" SPORTS CLUB "**

**BAKU, AZERBAIJAN
30-31 MAY 2026**

INDIVIDUAL AND GROUP

Dear Friends,

"Pro Sport" Sports Club has the pleasure to invite you to our 14th International Championships in Rhythmic Gymnastics "SUMMER MIRACLE" to be held in Baku, Azerbaijan on may 30-31, 2026



ORGANIZERS AND CONTACTS

"Pro Sport"

Contact person: Leyla Huseynli
(azerbaijani, russian, english, turkish)

Phone number: +994 50 822 02 20

E-mail: leyla.huseynli@hotmail.com

Contact person: Samira Salimzade
(azerbaijani, russian, english, uzbek)

Phone number: +994 55 335 13 55

E-mail: sameera.salimzade@gmail.com



DISCIPLINE

Rhythmic Gymnastics

LOCATION OF THE COMPETITION

Baku, Azerbaijan

DATE

May 30–31, 2026

NUMBER OF THE DELEGATION

Unlimited number of gymnasts and coaches.

**Each delegation should have at least 1 qualified judge.
In case of the absence of the judge– fine 100 euro for team.**





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COMPETITION PROGRAM

29 may — Arrival of delegations, accreditation;
30 may — 1st day of competitions;
31 may — 2nd day of competitions, final banquet;
1 june — Departure of delegations.

REGISTRATION DEADLINE

Preliminary registration: 30th March 2026;
Definitive registration: 30th April 2026;
Submission of music: 30th April 2026;
Podium training registration: 30th April 2026;
Preliminary and definitive registration is available through website:
www.ksis.com



INDIVIDUAL COMPETITION PROGRAM

Category	A	B	C	C light	D (GPP)	E (dance)
2020 and younger	1 apparatus	Free hands (7 DB)	Free hands (5 DB)	Free hands (5 DB)	GPP	Dance
2019	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	Free hands (5 DB)	GPP	Dance
2018	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	Free hands (5 DB)	GPP	Dance
2017	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	Free hands (5 DB)	GPP	Dance
2016	3 apparatus	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	GPP	Dance
2015	3 apparatus	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	GPP	Dance
2014	3 apparatus	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	GPP	Dance
2013	3 apparatus	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	GPP	Dance
Juniors (2012–2011)	FIG program	2 apparatus	Free hands + 1 apparatus	Free hands (7 DB)	GPP	Dance
Seniors (2010 and older)	FIG program	3 apparatus	2 apparatus	1 apparatus	GPP	Dance



Organizers have the right to shorten the competition schedule by removing one discipline in the age categories.

Gymnasts in Free-hands routines can perform pre-acrobatic elements series. Each series should include 3 pre-acrobatic elements and will be valued 0,30 points.

E-DANCE

Dance composition for all gymnasts is estimated from 10 points, where is it taken into account: Costume, Artistism, Difficulty (max. 10 points). The dance can include elements of gymnastics and pre-acrobatic elements. Dance routines can be performed as solo (1 gymnast), duet (2 gymnasts) and trio (3 gymnasts).



D - GENERAL PHYSICAL PREPARATION (max. 100 points)

1. Fold/pike (max. 10 points)
2. Small basket (lying on the stomach, tilt back, bend the knees, touch the feet of the head) (max. 10 points)
3. Bridge (lying or standing) (max. 10 points)
4. Forward somersault (max. 10 points)
5. Somersault back (max. 10 points)
6. Split with right leg (max. 10 points)
7. Side split (max. 10 points)
8. Split with left leg (max. 10 points)
9. Passe balance with the right and left leg (max. 10 points)
10. Jump up from the foot position together (max. 10 points)



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GROUP EXERCISES	Category	A	B
	2017-2015	Free hands Balls	Free hands or ball (1 exercise by choice)
	2014-2013	Free hands Hoops	Free hands or hoop (1 exercise by choice)
	Juniors	FIG Program	1 apparatus by choice



Criteria for free hands routine in group exercises:

DB – min. 3 – max. 5

DA (collaborations) — min. 5 – max. 10 – 0.30 points each

The rest of the criterias should be as per FIG Rules.



DRAWING OF LOTS

The gymnasts' drawing of lots will take place after the closing date of the Definitive registration and the participating countries will be informed of the starting order accordingly.



ENTRY FEES

The non-refundable cost for the Entry Fee is:

individual gymnast– 80 EUR

group– 250 EUR

duo (dance) category– 150 EUR

trio (dance) category– 230 EUR

podium training– 10 EUR (per gymnast)

If the gymnast performs in two categories, total Entry Fee is 120 EUR.

In case of refusal to participate after payment, the amount is non-refundable.

ACCOMODATION

If the delegation do not stay in hotels provided by the LOC, the **ENTRY FEE** for each individual gymnast will be 150 EUR, per group 350 EUR, duo 250 EUR, Trio 300 EUR.

The price includes: accommodation, breakfast, transfer (from and to the airport, transfer during competitions).

Contact person: Sabina

Phone number: +994 50 212 63 71



AWARDING CEREMONY

Award ceremony: by the year of the birth all categories.

First 3 places will be awarded with medal, diploma and present.

All the gymnasts will receive diploma and memorable present from organizing committee and our sponsors of the tournament.



MEDICAL SERVICES

The Organizing Committee will provide first aid medical services.

VISA

Please verify immediately with your travel agent or Embassy or Consulate of Azerbaijan in your country if visa is required for your travel to Azerbaijan. The LOC will be happy to assist each delegation with an official letter of invitation if needed. More information on visa can be obtained via contact person.



ACCREDITATION

Accreditation cards will be given at the competition venue before the podium training. The Head of Delegation should bring these documents for each gymnast to the Accreditation:

- o Passports or ID Cards
- o Proof of payment
- o Medical Insurance

