

International Rhythmic Gymnastics Tournament
"Alem Baby Cup"
6-10 March 2025
Astana, Kazakhstan

DIRECTIVES

Dear Sports Friends,

Alem International Academy has the pleasure to invite you to the "Alem Baby Cup" in Rhythmic Gymnastics to be held in Astana on March 6-10, 2026.

LOCAL ORGANIZING COMMITTEE	Alem International Academy contact person: Assem Akhmetzhanova e-mail: academy.alem.2018@gmail.com
LOCATION	Astana, Kazakhstan
DATE	6-10 March, 2026
VENUE	Name of the Event Hall: "Qazaqstan" full address: Turan avenue 59 website: https://lask.kz/ru/ 
INVITED CLUBS/ COUNTRIES	"Alem" International Academy is pleased to invite the representatives of the clubs wishing to join to the tournament.
PROVISIONALE SCHEDULE	March 6: Arrival of delegations March 7: Competition day 1 March 8: Competition day 2 March 9: Competition day 3 March 10: Departure of delegations
	Individual exercises 2010 and older – as per FIG Rules Category A: Hoop, ball, clubs, ribbon Category B: 2 apparatus by choice 2011-2013 born – as per FIG Rules Category A: Hoop, ball, clubs, ribbon Category B: 2 apparatus by choice Category C: W/A (6 DB) 2014 born – as per FIG Rules Category A: 3 apparatus by choice Category B: 1 apparatus by choice Category C: W/A (6 DB) 2015 born – as per FIG Rules Category A: 3 apparatus by choice Category B: 1 apparatus by choice

COMPETITION FORMAT	Category C: W/A (6 DB) 2016 born – as per FIG Rules Category A: 3 apparatus by choice Category B: 1 apparatus by choice Category C: W/A (6 DB) 2017 born – as per FIG Rules Category A: 3 apparatus by choice Category B: 1 apparatus by choice Category C: W/A (6 DB) 2018 born – as per FIG Rules Category A: 2 apparatus by choice Category A: W/A (6 DB) + apparatus by choice Category C: W/A (6 DB) 2019 born – as per FIG Rules Category A: W/A (6 DB) + apparatus by choice Category B: 1 apparatus by choice Category C: W/A (6 DB) 2020 born Category A: W/A (6 DB) Category B: W/A (6 DB) 2021 born Category A: W/A (6 DB) Category B: W/A (6 DB) Group exercises 2010 born and older Category A: 5 ball, 3 hoop/2 clubs 2011-2013 born Category A: 5 ball, 5 ribbon 2014-2016 born Category A: 5 ball, 5 ribbon Category B: 5 ball 2017-2018 born Category A: 5 hoop, 5 ball Category B: without apparatus, 1 apparatus by choice 2018-2020 born Category A: W/A W/A requirements: DB max.6 DA (collaborations) - min. 3, max 12. Artistry and Execution will be judge by FIG Rules.
Awarding	All gymnasts are awarded from 1 to 3 place in All-around. All gymnasts receive medals, diplomas and memorable prizes The top 3 gymnasts of category A are awarded medals in individual separate apparatus.

SIZE OF DELRGATION	<table><tr><td></td><td>Individual</td><td>Group</td></tr><tr><td>Coach</td><td>No limit</td><td>No limit</td></tr><tr><td>Gymnasts</td><td>No limit</td><td>No limit</td></tr><tr><td>Judges</td><td colspan="2">max.2 per club</td></tr></table>		Individual	Group	Coach	No limit	No limit	Gymnasts	No limit	No limit	Judges	max.2 per club			
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JUDGES AND JUDGES’PANELS	Judges having at least sport,1 category or National judging category in the current 2025-2028 Olympic Cycle can judge at the competition. The fine for participation without judge is 120 EUR .														
ENTRY FEES	The non-reimbursable cost for Entry Fee is: 60 EUR per individual gymnast (each) 200 EUR per group														
BANK ACCOUNT	Company name: TOO "AKADEMIYA ALEM" Address: Prospekt Kabanbay Batyr, 16, Apt./office 10, Astana, Kazakhstan Bank name: Kaspi Bank JSC SWIFT: CASPKZKA Account (IBAN): KZ09722S000042505468 Correspondent bank: RAIFFEISEN ZENTRALBANK OESTERREICH AG, VIENNA, AUSTRIA SWIFT: RZBAATWW Account: 000-55.050.157 Correspondent bank: COMMERZBANK AG, FRANKFURT, GERMANY SWIFT: COBADEFF Account: 400 8870180 01 EUR Correspondent bank: SOCIETE GENERALE, PARIS, FRANCE SWIFT: SOGEFRPP Account: 001014847650														
REGISTRATION	Applications for participation are accepted on a standard form until February 20, 2026 to the e-mail: academy.alem.2018@gmail.com Send music by March 1 to the email: musicalem10@gmail.com														
DEADLINES SUMMARY	<table><tr><td>Visa Request Form</td><td>1 February 2026</td></tr><tr><td>Nominative Registration</td><td>15 February 2026</td></tr><tr><td>Accommodation Form</td><td>20 February 2026</td></tr><tr><td>Travel Schedule Form</td><td>20 February 2026</td></tr><tr><td>Meals Form</td><td>20 February 2026</td></tr><tr><td>All payments</td><td>20 February 2026</td></tr><tr><td>Music</td><td>1 March 2026</td></tr></table>	Visa Request Form	1 February 2026	Nominative Registration	15 February 2026	Accommodation Form	20 February 2026	Travel Schedule Form	20 February 2026	Meals Form	20 February 2026	All payments	20 February 2026	Music	1 March 2026
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